# MYSO Small-Sided Games Rules Under 4,5 & 6 - 3 v 3

### Law 1 The field:

- a. Field Length Minimum 25 yards to 35 yards maximum
- b. Field Width Minimum 15 yards to 25 yards maximum
- c. Goal Size 4-ft high by 6-ft wide
- d. Goal Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.
- e. Goal Area None
- f. Penalty Area None
- g. Halfway Line: A halfway line shall divide the field into two halves with a center mark indicated at the midpoint of the halfway line.
- h. Center Circle Four (4)-ft radius drawn from the center mark.
- i. Corner Arc Conform to FIFA.
- j. Flag Posts None
- Law 2 Ball Size: Size three (3)
- Law 3 Number of players: Maximum number of players on field at one time is three (3).
  - a. Roster Size: Minimum roster size should not be less than four (4) and the maximum not exceed six (6).
  - b. Goalkeepers None.
  - c. Substitutions: At any stoppage of play and unlimited.
  - d. Playing Time: Each player SHALL play a minimum of 50% of total playing time.
  - e. Coed teams: Teams and games may be coed, but are considered boys teams.
- Law 4 **Player's Equipment:** Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Players may use tennis shoes or soft-cleated soccer shoes.

#### SHINGUARDS ARE MANDATORY

- Law 5 **The Referee:** An OFFICIAL (Game Manager or Coordinator or Parent or Coach) may be used. All infringements shall be briefly explained to the offending player.
- Law 6 Assistant Referee: None.
- Law 7 **Duration of Game:** Four equal quarters of 8 minutes each with 5-minute halftime break and a break of 2-minutes each between the quarters per half.
- Law 8 **Start/Restart of Play**: Conform to FIFA. With the exception that opponents of the team taking the kick are at least four (4) yards away from the ball until it is in play.
- Law 9 Ball in & Out of Play: Conform to FIFA.
- Law 10 Method of Scoring: Conform to FIFA.
- Law 11 Offside: None.
- Law 12 **Fouls & Misconduct:** Conform to FIFA, with the exceptions that all fouls shall result in an indirect free kick. The game manager/coach/parent must explain ALL infringements to the offending player. No cards are shown for misconduct.
- Law 13 **Free Kicks:** Conform to FIFA with the exception that all free kicks are indirect with the opponents four (4) yards from the ball until it is in play.
- Law 14 Penalty Kicks: None.
- Law 15 Kick-In: The Kick-In is considered as a direct free kick with the opponents four (4) yards from the ball until it is in play.
- Law 16 **Goal Kick:** The goal kick should be taken within 2 to 3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must be four (4) yards away from the ball until it is in play.
- Law 17 **Corner kick:** Conform to FIFA with the exception that opponents remain at least four (4) yards from the ball until it is in play.

## MYSO Small-Sided Games Rules Under 7 & 8 - 4 v 4

### Law 1 The field:

- a. Field Length 25 yards minimum to 35 yards maximum
- b. Field Width- 15 yards minimum to 25 yards maximum
- c. Goal Size: 4ft. high by 6-ft wide
- d. Goal Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.
- e. Goal Area: A goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, three (3) yards from the inside of each goal post. These lines extend into the field of play a distance of three (3) yards and are joined by a line parallel to the goal line. The area bounded by these lines and the goal line is the goal area.
- f. Penalty Area None
- g. Halfway Line: A halfway line shall divide the field into two halves with a center mark indicated at the midpoint of the halfway line.
- h. Center Circle: 4-yard radius drawn from center mark.
- i. Corner Arc: Conform to FIFA.
- j. Flag Posts: None.
- Law 2 Ball Size: Size three (3)
- Law 3 Number of players: Maximum number of players on field at one time is four (4).
  - a. Maximum Roster Minimum roster size should not be less than six (6) and the maximum not exceed eight (8).
  - b. Goalkeepers None.
  - c. Substitutions: At quarter breaks and half time break or injury.
  - d. Playing Time: Each player SHALL play a minimum of 50% of total playing time.
  - e. Coed teams: Teams and games may be coed, but are considered boys teams.
- Law 4 **Player's Equipment:** Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Players may use tennis shoes or soft-cleated soccer shoes.

## SHINGUARDS ARE MANDATORY.

- Law 5 **The Referee:** An OFFICIAL (Game Manager or Coordinator or Parent or Coach or certified referee) may be used. All infringements shall be briefly explained to the offending player.
- Law 6 Assistant Referee: None.
- Law 7 **Duration of Game:** The match shall be divided in to four (4) equal, ten minute quarters. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.
- Law 8 Start/Restart of Play: Conform to FIFA with the exception that opponents of the team taking the kick are at least four (4) yards away from the ball until it is in play.
- Law 9 Ball in & Out of Play: Conform to FIFA.
- Law 10 Method of Scoring: Conform to FIFA.
- Law 11 Offside: None
- Law 12 **Fouls & Misconduct:** Conform to FIFA with exception that all fouls shall result in an indirect free kick. The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct.
- Law 13 Free Kicks: Conform to FIFA with the exception that all kicks are indirect and all opponents are at least four (4) yards from the ball until it is play.
- Law 14 Penalty Kicks: None.
- Law 15 **Throw-in:** Conform to FIFA with exception that an improperly performed throw-in can be retaken once.
- Law 16 **Goal Kick:** Conform to FIFA with the exception that opponents must remain outside the goal area and at least four (4) yards from the ball until it is in play.
- Law 17 **Corner kick:** Conform to FIFA with the exception that opponents must remain outside the goal area and at least four (4) yards from the ball until it is in play.

## MYSO Small-Sided Games Rules Under 10 – 7 v 7

#### Law 1 The field:

- a. Field Length- 55 yards minimum to 65 yards maximum
- b. Field Width 35 yards minimum to 45 yards maximum
- c. Goal Size: 8.5-ft high by 18.5-ft wide
- d. Goal Safety Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.
- e. Goal Area -- A goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, three (3) yards from the inside of each goal post. These lines extend into the field of play a distance of four (4) yards and are joined by a line parallel to the goal line. The area bounded by these lines and the goal line is the goal area.
- f. Penalty Area- A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, seven (7) yards from the inside of each goal post. These lines extend into the field of play a distance of ten (10) yards and are joined by a line parallel to the goal line. The area bounded by these lines and the goal line is the penalty area.
- g. Halfway Line A halfway line shall divide the field into two halves with a center mark indicated at the midpoint of the center line.
- h. Build out line: The build out line will be marked 14 yards from each goal line and from one touch line to the other across the field of play. The line will be of a different color than the other markings on the field and will be painted as a dotted (or dash) line.
- h. Penalty Mark Within the penalty area a penalty mark is made seven (7) yards from the midpoint between the goal posts and equal distant to them.
- i. Penalty Arc 7-yard radius.
- j. Center Circle 7-yard radius drawn from the center mark.
- k. Corner Arc Conform to FIFA.
- I. Flag Posts Conform to FIFA.
- Law 2 **Ball Size:** Size four (4).
- Law 3 **Number of players**: A match is played by two teams, each consisting of not more than seven(7) players, one of whom is the goalkeeper.
  - a. Maximum Roster: The minimum number of players should be nine (9) and should not exceed fourteen (14).
  - b. Substitutions: At any stoppage of play and unlimited for Division II. Division III will substitute on quarters except for injured or cautioned players.
  - c. Playing Time: Each Division III player SHALL play a minimum of 50 percent of total playing time.
  - d. Coed Teams: Teams and games may be coed, but are considered boys teams.
- Law 4 **Player's Equipment:** Conform to FIFA. Non-uniform clothing is allowed in Division III based on weather conditions, but uniforms must still distinguish teams. **SHINGUARDS ARE MANDATORY.**
- Law 5 The Referee: Certified referee. All rule infringements shall be briefly explained to the offending player.
- Law 6 **Assistant Referee:** Certified Referee. May use club linesmen/lineswomen if desired, except for State Cup Games, e.g., District Tournaments and State Recreation Tournament. Club linesman shall not call offside violations.
- Law 7 **Duration of Game:** For Division III, the match shall be divided in to four (4) equal, twelve (12) minute quarters. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes. Division II will conform to FIFA with exception of the match being divided into two (2) equal halves of twenty-five (25) minutes each. There will be a halftime interval of five (5) minutes.
- Law 8 **Start/Restart of Play:** Conform to FIFA with the exception of the opponents of the team taking the kick being eight (8) yards from the ball until it is in play.
- Law 9 **Ball in & Out of Play:** Conform to FIFA.
- Law 10 **Method of Scoring:** Conform to FIFA with the exception that the goalkeeper punting/kicking the ball from his/her goal area, may NOT score directly into the opponent's goal. Balls played from the goalkeeper MUST be touched by another player on the field in order to score.
- Law 11 Offside: Conform to FIFA.
- Law 12 Fouls & Misconduct: Conform to FIFA. Briefly explain ALL rule infringements to the offending player.
- Law 13 Free Kicks: Conform to FIFA with the exception that all opponents are at least eight (8) yards from the ball until it is in play.
- Law 14 Penalty Kicks: Conform to FIFA with the exception that the penalty mark is at seven (7) yards from the goal line.
- Law 15 **Throw-in:** Conform to FIFA.
- Law 16 Goal Kick: Conform to FIFA with the exception that all opponents are outside the build out line.
- Law 17 Corner kick: Conform to FIFA with the exception that all opponents are at least eight (8) yards from the ball until it is in play

## MYSO Small-Sided Rules Under 12 – 9 v 9

### Law 1 The field:

- a. Field Length- 70 yards minimum to 80 yards maximum
- b. Field Width- 45 yards minimum to 55 yards maximum
- c. Goal Size: 8.5 ft high by 18.5-ft wide.
- d. Goal Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.
- d. Goal Area: A goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, four (4) yards from the inside of each goal post. These lines extend into the field of play a distance of four(4) yards and are joined by a line parallel to the goal line. The area bounded by these lines and the goal line is the goal area.
- e. Penalty Area: A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, eight(8) yards from the inside of each goal post. These lines extend into the field of play a distance of twelve(12) yards and are joined by a line parallel to the goal line. The area bounded by these lines and the goal line is the penalty area.
- f. Halfway Line: A halfway line shall divide the field into two halves with a center mark indicated at the midpoint of the center line.
- g. Penalty Mark Within the penalty area a penalty mark is made 8 yards from the midpoint between the goal posts and equidistant to them.
- h. Penalty Arc 8 yd radius drawn from the penalty mark.
- i. Center Circle 8-yd radius drawn from the center mark.
- j. Corner Arc Conform to FIFA.
- k. Flag Posts Conform to FIFA.
- Law 2 Ball Size: Size four (4).
- Law 3 **Number of players:** A match is played by two teams, each consisting of not more than nine (9) players, one of whom is the goalkeeper.
  - a. Maximum Roster The recommended minimum roster size is eleven (11) and the maximum recommended size is eighteen (18)
  - b. Substitutions: At any stoppage of play and unlimited for Division I and Division II. Division III will substitute on quarters except for injured or cautioned players.
  - c. Playing Time: Division III players SHALL play a minimum of 50 percent of total playing time.
- Law 4 **Player's Equipment:** Conform to FIFA. Non-uniform clothing is allowed in Division III based on weather conditions, but uniforms must still distinguish teams. SHINGUARDS ARE MANDATORY.
- Law 5 The Referee: Certified referee.
- Law 6 Assistant Referee: Certified referee. For Division III may use club linesmen/lineswomen in the absence of registered referees except for State Cup Games, e.g., District Tournaments and State Recreation Tournament and President's Cup. Club linesman shall not call offside violations.
- Law 7 **Duration of Game:** For Division III, the match shall be divided in to four (4) equal, fifteen (15) minute quarters. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.
  - Division I and Division II will conform to FIFA with exception of the match being divided into two (2) equal halves of thirty (30) minutes each. There will be a halftime interval of five (5) minutes.
- Law 8 **Start of Play:** Conform to FIFA with the exception of the opponents of the team taking the kick being eight (8) yards from the ball until it is in play.
- Law 9 Ball in & Out of Play: Conform to FIFA.
- Law 10 Method of Scoring: Conform to FIFA.
- Law 11 Offside: Conform to FIFA.
- Law 12 Fouls & Misconduct: Conform to FIFA.
- Law 13 Free Kicks: Conform to FIFA with the exception that all opponents are at least eight (8) yards from the ball until it is in play.
- Law 14 Penalty Kicks: Conform to FIFA with the exception that the penalty mark is at eight (8) yards from the goal line.
- Law 15 Throw-in: Conform to FIFA.
- Law 16 Goal Kick: Conform to FIFA.
- Law 17 Corner kick: Conform to FIFA with the exception that all opponents are at least eight (8) yards from the ball until it is in play.